

The Voter

Democracy is NOT a spectator sport



John Truitt, Covered California representative, presenting to the forum

The Redding League of Women Voters sponsored a very successful public forum on September 19 on the Affordable Health Care Act. Experts presented to the packed room, sharing information and resources to navigating the new systems.



Calendar of Upcoming Events

Meetings

- November 4th, 10am-11am
Health Study Committee Meeting, prior to Monthly Board Meeting at Foundation Reading Room, Shasta County Library

- November 4th, 11am-1pm
Monthly Board Meeting
Foundation Reading Room
Shasta County Library

- November 26th,
11am-11:30am
Water Committee Meeting, prior to Monthly Meeting at Angelo's Pizza

- November 26th, 12pm-1pm
(Lunch at 11:30am)

Monthly Member Meeting

Learn about two great women's organizations doing important work in the Northstate and beyond: Women's Health Specialists (www.cawhs.org) and Northstate Women's Health Network

(www.northstatewomenshealthnetwork.com)

Angelo's Pizza

BE A VOTER CONTRIBUTOR!

Is there an issue you are a strong advocate for and want to educate others about? Write an article for The Voter! Deadline is the 28th of every month - submit to rowanmocb@gmail.com

DEMOCRACY IS NOT A SPECTATOR SPORT



SEPTEMBER PRESIDENT'S CORNER

Well, September was a busy month for the League beginning with our Board Meeting on

September 9. All your board members attended and we also had a regular member, Rachel McVean, attend. We always welcome all members to attend our board meetings, which are held at the Redding Library from 11 a.m. to 1 p.m. on the first Monday of the month.

One of our major events for 2013-2014 took place on October 19 on the topic of the Affordable Care Act. It was well attended, the speakers were very informative and the public asked some great questions. I even got calls from folks telling me how much they learned from the town hall meetings. If you are on Medicare, you won't see any difference, except there are a few "essential health benefits" that you will now receive at no additional cost to you (no co-pays).

Our General Meeting on September 24 on Shasta County's Health Profile (including causes of death) was most interesting. Dr. Deckert, the Medical Officer for the Shasta County Health & Human Services Agency, described what makes for a healthy community and Stasia Pringle, also of SCHHSA, spoke on the topic of suicides since Shasta County's rate is twice that of the state average. Both speakers provided us with fodder for our Health Study.

Karen Frost, your 2nd VP, is heading up the Health Study Committee. They have already met several times and working diligently on a variety of issues.

Water is another topic we're taking on this year with the intent of having some sort of public event in the spring as well as a speaker at one of our general meetings. Molly Cole is heading up that committee.

If any of you are interested in helping out with either of these committees, it's not too late to participate.

Marsha Blomquist, your 1st VP, was already busy with Voter Services this past month, even though it's not an election year. Next year will certainly be a busy one, with local, state and national (Congressional) elections.

I hope to see you at our next general meeting (if not at a board meeting) on October 22. Another interesting topic is on the agenda (Adverse Childhood Experiences).

One final note: At our last Board Meeting, it was decided to have our Annual Meeting at the Hilton Garden Inn on Bechelli Inn (south of Bonnyview). The date for that event is Wednesday, May 21, 2014 and will cost \$25 for members. More information about that will be in future editions of the Voter.

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DON'T HAVE THE TIME TO GET INVOLVED BUT WANT TO SUPPORT THE GREAT WORK OF THE LEAGUE? BECOME A **SUPPORTING MEMBER!**

Dues were due October 1

**If you have not paid, please mail your check made out to LWV Redding Area
(\$60 - Regular Member or
\$25 - Supporting Member)**

**To:
Marlys Barbosa
3344 Glenrock Way
Redding, CA 96001**



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SEPTEMBER WATER REPORT

I attended the conference in Chico in August "UNDERSTANDING THE BAY DELTA CONSERVATION PLAN AND ALTERNATE PROPOSALS and How Will Sacramento Valley Interests Be Addressed? The conference was put on by the Butte County Department Water and Resource Conservation and the Glen C Water County Advisory Committee

Representative John Garamendi presented a Water Plan for all California that criticizes the plan the State Resources Agency as it swill take water out of the Sacramento River just south of Sacramento and put it into 2 tunnels feet long and 40 feet and 40 feet in diameter. While the current proposal is set to move 9000 cfs, the twin tunnels have a much larger capacity therefore setting the system up for future expansion. It does not create one gallon of new water.

I will be the chairman of the newly formed LWV of the Redding Area Water Committee and we will meet at 10:30 before our regular meeting on September 24th for the purposes of planning.

Last night Alice and I attended the hearing on the raising of Shasta Dam and I spoke with Brian Person who is the Area Manager for the Bureau of Reclamation. He will meet with our committee and has a PowerPoint presentation to present.

The Sites Reservoir was mentioned often by many who spoke last night. That is a reservoir that is being considered by the State and will be between Willows and Williams in Colusa County. Please e-mail me at georgeandgummy@snowcrest.net if you are interested in being on the WATER COMMITTEE.

-Molly Cole



QUOTE OF THE MONTH club



In politics if you want anything said, ask a man.
If you want anything done, ask a woman.

(Margaret Thatcher)

izquotes.com